Packing List

Operation Serve International

Trip Date:

The Basics

___ Passport

___ Tickets or E-ticket itinerary

___ Personal prescriptions

___ Bible, pen, and paper

___ Snacks for each day

___ Alarm Clock

___ Backpack, hip pack, or day pack

___ Sunscreen/Aloe

___ Hand sanitizer/anti-bacterial wipes

___ Kleenex/travel size toilet paper

___ Mosquito repellent

___ Wash cloth (towels are supplied)

___ Outlet adapter (adapt to 2 prong outlet)

Clothing

___ Long pants – no holes

___ T-shirts – no holes, No Sleeveless shirts

___ Hat and sunglasses

___ Work boots or tennis shoes

___ Extra shoes

___ Skirts must be knee length or longer

___ Light jacket or rain poncho

___ No tight, revealing, or low cut clothes

Personal Items

___ Imodium Advanced (anti-diarrhea)

___ Personal toiletries

___ Spending money for personal items

Recommended

___ Copy of insurance card

___ Copy of health care professional license

___ Small travel sewing kit

___ Camera w/extra batteries

___ Throat lozenges

___ Lip balm

___ Eye drops

___ Extension cord/Power strip

___ Small fan

___ Shower shoes (flip-flops)

___ Back brace for lifting

There will be very few opportunities to wear shorts – if you bring them, they must be longer than your fingertips when your arms are at your side. Capri's and sandals may be worn in places other than the worksite. When you are at the worksite, your shoes must be closed toe – this is for your safety.